

Mayo Clinic Minute

Birth control options

Video	Audio
Vivien Williams	Birth control pills and condoms are the most commonly used birth control methods in the U.S. But Mayo Clinic gynecologist Dr. Megan Wasson says not all birth control pills are the same.
Megan Wasson, M.D. Gynecology Mayo Clinic	“The most conventional birth control pills have a combination of estrogen and progesterone, and that works to not only suppress ovulation, but also keep the lining of the uterus very thin. There are also progesterone-only birth control pills, and those don’t increase blood pressure, they don’t increase risk for blood clots, and those are very helpful for patients who have other medical conditions.”
Vivien Williams	Other options include reversible contraceptives such as injections, IUDs, implants, and sterilization. Dr. Wasson says women ...
Megan Wasson, M.D.	“... really need to decide when and if they ever want to have children again.”
Vivien Williams	Will we see a male contraceptive soon?
Megan Wasson, M.D.	There is still ongoing research, but unfortunately not any time in the near future.
	For the Mayo Clinic News Network, I’m Vivien Williams.