

## Mayo Clinic Minute

### Pap test recommendations

<b>Video</b>	<b>Audio</b>
<b>Vivien Williams</b> <b>VO: exam room</b>	The annual pap test to screen for cervical cancer. In the 90s, research changed how often women should get a pap test.
<b>CLIP 826G0324 at 00:54</b> <b>Kathy MacLaughlin, M.D.</b> <b>Family Medicine</b> <b>Mayo Clinic</b>	“There was good evidence that screening at three year intervals with a pap was equivalent in terms of protection to an annual pap exam.”
<b>Vivien Williams</b> <b>VO: to exam room</b>	Dr. Kathy McLaughlin says then about 10 years ago ...
<b>CLIP 826G0324 at 01:04</b> <b>Kathy McLaughlin, M.D.</b>	“ ... The ability to add an HPV, or human papilloma virus test, to the pap was an option.”
<b>Vivien Williams</b> <b>VO: lab</b>	Why does testing for HPV matter?
<b>CLIP 826G0325 at 1:07</b> <b>Kathy McLaughlin, M.D.</b>	“HPV, we now recognize, as the cause of 99 percent plus of cervical cancer changes and cases.”
<b>Vivien Williams</b> <b>VO: lab images</b>	The combination Pap/HPV test checks for the presence of the virus and any changes in the cells of the cervix. It can be done safely at 5 year intervals if both are normal.
<b>CLIP 826G0325 at 1:17</b> <b>Kathy McLaughlin, M.D.</b>	“If HPV is not present, then that patient would be at very low, almost zero, risk. But if it is present, they are at increased risk.”
<b>Vivien Williams</b> <b>VO: from lab video or exam video to group of happy women</b>	In that case, you may need more frequent pap tests or even a biopsy. Cervical cancer is curable if caught early, and that makes screening important for all women. For the Mayo

Clinic News Network, I'm Vivien  
Williams.