

Mayo Clinic News Network

Title: Mayo Clinic Minute: Scoliosis screening Date: August 16, 2017

Intro: Back-to-school physical exams are a good time to ask your child's doctor about screening for scoliosis. Two to 3 percent of the population is affected by this sideways curvature of the spine. The condition is often minor, but, for those who do need medical treatment, early detection may prevent severe and painful deformities.

"Certainly, getting diagnosed with scoliosis can be scary," says Dr. Jeremy Fogelson, a Mayo Clinic neurosurgeon. "Many people think of big braces that are uncomfortable or surgery that needs to be performed. But there are a lot of different treatment options." Dennis Douda reports for the Mayo Clinic News Network.

Video Audio

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Anchor tag: Dr. Fogelson says, frequently, scoliosis can be treated very well, giving patients a good quality of life without limitations on their activities. One other note – he says it tends to be hereditary, so family history may be important to the diagnosis.