A migraine. It’s much more than a headache. And it can be debilitating.

Amaal Starling, M.D.
Neurology
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“It's a neurologic disease that has light sensitivity, sound sensitivity, motion sensitivity, nausea, vomiting. There are so many components.”

**Mayo clinic neurologist Dr. Amaal Starling says there is no cure for migraine but there is a new FDA-cleared option for the acute and preventive treatment of migraine.**

“The device is called a single-pulse transcranial magnetic stimulation device. It is now FDA approved for the as needed for acute attacks, as well as the preventative treatment of migraine.”

Dr. Starling says the device transmits a signal to the brain, reducing brain hyperexcitability.

“Place it on the back of the head just like that [beeping]’ and then you push these two buttons. And that administers a pulse.”

Dr. Starling says the first step is getting people with migraine to their health care provider so they can be properly diagnosed and treated.

For the Mayo Clinic News Network, I’m Jason Howland.