

## Mayo Clinic Medical Edge

## L11 Whooping Cough

Intro: The bacterial infection may be mild in adults, but if the infection is spread to a baby who hasn't yet received a full course of vaccinations, whooping cough can be very serious. Reporter Vivien Williams has more on how to recognize and treat this disease.

Video

Audio

Total running time 1:50	21-month-old Pedro Esqueda's symptoms started out like those of a typical cold.
Chesli Esqueda Pedro's mom CG:21	He had a little runny nose and started having a little cough and I just thought he caught something.
	But over the next four to five days, Pedro's mom Chelsi says the cough got much worse.
	It was like nothing I ever heard before. (sound) He was coughing, doing the whoop and he would vomit.
	And he couldn't catch his breath. When they took Pedro to the doctor, the coughing had subsided, so they figured, maybe it was just a cold or some other infection.
Vivien Williams Reporting CG:36	But Chesli knew there was something else wrong. So the next time Pedro had a coughing fit, her husband got it on video.
	A nurse practitioner saw it and diagnosed it right away.
	She saw it and goes, 'that's pertussis, that's definitely pertussis.'
Thomas Boyce, M.D. Mayo Clinic CG:53	Whooping cough is also known as pertussis. It's caused by a bacterial infection that is spread from one person with whooping cough to another.
	Dr. Thomas Boyce says whooping cough is particularly tough on kids younger than Pedro who haven't had the full course of vaccinations given at two, four and six

months.
They're particularly susceptible to getting the infection; and because of their small airway, they're particularly susceptible to having very severe disease.
You see, the infection happens in the airway, or trachea. The pertussis bacteria produce toxins that irritate and inflame the airway. This causes the severe, repeated cough that lasts for months.
They call it the 100 day cough.
Pedro and his entire family took antibiotics to treat the infection and prevent further spread. Now he's back to health after months of illness. (sound) For Medical Edge, I'm Vivien Williams

Anchor tag:

Dr. Boyce says babies usually get whooping cough from adults who have a mild infection. He says that's why it's important for adults to get booster vaccines every 10 years. Ask your doctor for the tetanus, diphtheria shot that also includes a pertussis booster.

For more information, visit our website at ... [STATIONS: Per the licensing agreement, please provide a link from your station's website to <u>http://www.MayoClinic.org</u> or voice tag "MayoClinic.org" for more information.]