

Mayo Clinic Medical Edge

N37 Subglottic Stenosis

Intro: You have asthma. That's what many people diagnosed with a condition called subglottic stenosis hear from their doctors. They may get misdiagnosed because it's very rare, and it causes your airway to narrow until you're breathing through a very tiny opening. Doctors at Mayo Clinic have developed new ways to treat this issue, that otherwise leaves people gasping for air.

Video Audio

TDT 4 50	(f)
TRT 1:52	"I was breathing through a small five-
Jill Pottenger-Moe	millimeter opening."
Has sublgottic stenosis	
Voice of Vivien Williams	Imagine that – breathing through an
	opening the size of a cocktail straw. That
	was reality for Jill Pottenger-Moe who
	has subglottic stenosis, a condition that
	happens almost exclusively to women.
Jill Pottenger-Moe	"It was labored breathing. Apparently
Has subglottic stenosis	people called me Darth Vader because it
	was (gasp, gasp)."
Voice of Vivien Williams	Just walking through this store would
	have made Jill profoundly short of
	breath.
Jill Pottenger-Moe	"Once I bent down to pick up this
Has subglottic stenosis	pumpkin I would be wheezing and
	gasping for air, and there's no way I
	would be able to talk at the same time."
Eric Edell, M.D.	"Idiopathic subglottic stenosis. We use
Mayo Clinic Pulmonary Medicine	the word idiopathic because we don't
	know the cause. Subglottic Stenosis in
	and of itself is a scaring of the main wind
	pipe right below the vocal chords."
Voice of Vivien Williams	Dr. Eric Edell and his colleagues at Mayo
	clinic have studied this disease and
	developed a standardized treatment that
	helps keep the airway open. Here's how:
	due to the progressive scarring, the
	windpipe slowly narrows, severely

restricting air flow. During surgery, doctors make the incisions into the scar tiss the airway and restores to the airwards to treat potent the scarring and inflamms. Eric Edell, M.D. Mayo Clinic Pulmonary Medicine Voice of Vivien Williams Plus inhaled steroids and And if her airway does straight again, Jill can have the seas many times as she need that subglottic stenosis Voice of Vivien Williams After seven years of structure.	ee small ue. This opens reathing. ely recur, edication
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Mayo Clinic Pulmonary Medicinereflux measures."Voice of Vivien WilliamsPlus inhaled steroids and And if her airway does stragain, Jill can have the stragain, Jill can have the stragament as she need as many times as she need that subglottic stenosisJill Pottenger-Moe Has subglottic stenosis"It's just so amazing to be breathe."	ressive anti
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Voice of Vivier Williams After seven years of structure	
Alter Severi years or strug	gling for air, Jill
says she's loving life.	
Jill Pottenger-Moe "I can breathe, I can talk,	l can walk I
Has subglottic stenosis can exercise, it's change	i cari waik, i
Voice of Vivien Williams For Mayo Clinic News No	
Vivien Williams	l my life."
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Anchor tag:

Dr. Edell says after this initial treatment, about 40-percent of patients are still breathing easily after 2 years. Others may require additional treatment sooner. But the good news is that they can have the treatment as often as necessary.

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