
Mayo Clinic Medical Edge**Catamenial Epilepsy**

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	BY THE NUMBERS, EPILEPSY AFFECTS MEN AND WOMEN EQUALLY. BUT CATAMENIAL EPILEPSY IS SOMETHING UNIQUE TO WOMEN. THAT'S WHERE ...
Katherine Noe, M.D. Track 2 (1:01)	"THE SEIZURES ARE VERY STRONGLY INFLUENCED BY HORMONAL FLUCTUATIONS DURING THEIR MENSTRUAL CYCLE."
	EXACTLY WHY IS STILL A MYSTERY. BUT MAYO CLINIC EPILEPSY SPECIALIST DR. KATHERINE NOE SAYS IT PROBABLY REVOLVES AROUND THE TWO MAIN

	<p>REPRODUCTIVE HORMONES.</p> <p>ESTROGEN IS A PRO-CONVULSANT, WHILE PROGESTERONE IS AN ANTI-CONVULSANT. THE BALANCE BETWEEN THE TWO FLUCUATES DURING A WOMAN'S CYCLE.</p>
<p>Dr. Noe Track 2 (1:30)</p>	<p>"SO, AT TIMES WHEN PROGESTERONE IS LOW AND ESTROGEN IS VERY HIGH, A WOMAN MAY BE AT INCREASED RISK OF HAVING A SEIZURE."</p>
	<p>BUT AT THIS POINT, DR. NOE SAYS, HORMONAL MANIPULATION IS ALMOST NEVER THE FIRST CHOICE FOR SEIZURE CONTROL. IT'S USUALLY USED IN CONJUNCTION WITH MORE CONVENTIONAL ANTI-SEIZURE MEDICATIONS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>