

Mayo Clinic News Network

Title: Transplant Saves Last Surviving Brother / Date: April 2015

Intro: A heart transplant has spared a Michigan man from the fate that took the lives of all of his brothers. It's been a long journey for Ernie Balcueva, but he has a bright future ahead once again. Here's Dennis Douda for the Mayo Clinic News Network.

Video Audio

Estimated Total running time [5:00]	/// NATS
Ernie Balcueva speaking	"I will miss this place. I've got a lot of
•	friends here now."
Dennis Douda speaking	Ernie Balcueva's packing up, ready to say
	good-bye to what's been his home-away-
	from-home for 10-months.
	The Gift of Life Transplant House offers a
	quiet sanctuary to Mayo Clinic patients
	going through a variety of organ, stem cell
	or bone marrow transplants, often life-
	saving procedures, which was definitely
	the case for Ernie.
Dr. Brooks Edwards	"The reality is that Ernie is quite sick.
Director, Mayo Clinic Transplant	He needs medication to support his heart
Center	and to support his overall circulation."
Dennis Douda speaking	Ernie's extended stay at Mayo Clinic was
	actually his second trip to Minnesota to
	undergo life-saving heart transplants.
Dr. Brooks Edwrads speaking	"So, Ernie underwent a transplant here
	at Mayo Clinic 15 years ago."
Dennis Douda speaking	Cardiologist Dr. Brooks Edwards is
	director of Mayo Clinic's Transplant
	Program. He says Ernie's first transplant
	allowed him to defy a rare congenital heart
	condition a condition that had claimed
	the lives of all 4 of his brothers.
	Abnormally developed heart muscle caused
	brothers Eddie and Brad to die as children,
	less than 2-years apart. Brothers Randy
	and Rick died as young men.
	Then, when Ernie's replacement heart
	started to fail, his father feared he could
	lose his last son, a near certainty if Ernie
Eddio Polovovo	could not get another transplant in time.
Eddie Balcueva Ernie's Father	"Pretty hard to think that they gave us
	only 17% chance of getting a match."
Ernie Balcueva speaking	"That's not too bad then (laughs)"

Dennis Douda speaking	In spite of his optimistic demeanor and the
Dennis Douda speaking	comical collection of boxer shorts friends
	sent to decorate his hospital room and keep
	his spirits up, Ernie's situation was
	becoming more serious each passing day.
	With his heart now beating at less than half
	its normal strength and severe disease in
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	his heart arteries, Ernie was admitted to the hospital to stay.
C.G. Dr. Richard Daly	"And unfortunately, with the lack of
Mayo Clinic Transplant Surgeon	donors, we always have patients waiting
Wayo Chine Transplant Surgeon	in the hospital, and nowadays, almost all
	of them wait at least many weeks and
	very often many months."
Dennis Douda speaking	When Ernie's turn finally came, he had
Dennis Douda speaking	been hospitalized for seven months. No
	wonder there was a celebration in the
	middle of the night, when news arrived that
	a suitable match had been found and a
	donor heart was indeed on the way.
	By now, Ernie says, he'd grown very close
	to Mayo Clinic's transplant team, who
	were just as thrilled about his opportunity
	as he was.
Ernie Balcueva speaking	"It really helped that I was here. That I
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	have the nurses that I had, and I've had
	have the nurses that I had, and I've had the same doctors, for 15-16 years now."
Dennis Douda speaking	· · · · · · · · · · · · · · · · · · ·
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	the exact location of the donor heart in transit, waiting until the last possible
	moment to reroute the blood flowing
	through Ernie's body to a heart-lung
	bypass machine, and finally removing the heart that had served Ernie for as long as it
	was physically able.
	When the donor heart arrives, anticipation
	soars for Dr. Daly and the team. It's their
	first chance to assess the size and condition
	of this gift, which they hope will restore
D D11 1D 1	Ernie's health.
Dr. Richard Daly speaking	"Oh, it's a good heart."
Dennis Douda speaking	A gift in the deepest sense of the word, Ernie would later recall, knowing that his
	family's gain that night, came at the
	expense of another family's loss.
Ernie Balcueva speaking	"It would be very nice to meet somebody
•	from that family to let them know that I
	really appreciate what they did during a
	difficult time."
Dennis Douda speaking	Six weeks later Ernie's gratitude continued
	to grow, right along with his strength.
	He's determined to fulfill his part of the bargain and condition his new heart to its
	fullest potential.
Ernie Balcueva speaking	"It's a lot of work, basically to get as
	much of a cardio workout as possible.
	And keep the heart working and make
	everything fit together and get my
Dr. Brooks Edwards speaking	muscles back." "Ernie's case is indeed dramatic, with 5
Dr. Brooks Edwards speaking	boys and all 5 of them affected by heart
	disease."
Dennis Douda speaking	Because of their complicated conditions, 4
	of the Balcueva brothers could not be
	saved. But, thanks to his transplant, one of
Elli Di	Eddie's sons is going home.
Eddie Balcueva speaking	"I'm just so happy about it. And I'm sure those four boys had something to do
	with it. (laughs) I tell you."
Dennis Douda speaking	Ernie has a couple of sons of his own, that
•	he can now fully look forward to catching
	up with.
Ernie Balcueva speaking	"Getting back together with the boys is
D : D 1	probably the most important thing."
Dennis Douda speaking	That's what getting well is about. Just as
	good medical care may come in many forms, healing may touch many lives.
	And Ernie's not the only one going home
	with a renewed heart.
	with a renewed heart.

Ernie Balcueva speaking	"It'll be nice to get back and feel somewhat normal, but at the same time be thankful for everything and everybody out here that's helped take care of everything."
Dennis Douda speaking	For the Mayo Clinic News Network, I'm
	Dennis Douda.

Anchor tag: Ernie's two sons do not seem to have inherited the heart condition, called non-compaction cardiomyopathy. Naturally, Ernie does all he can to raise awareness for the need for more organ donors. Interestingly, he's been checking that box on his driver's license since way back at age 16.

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