

Mayo Clinic News Network

Title: The Father’s Day Tourniquet / Date: June, 2015

Intro: With Father’s coming up, everyone wants to give Dad something he can really use. So, how about a gift that might even save his life? That was the idea behind a Mayo Clinic nurse’s gift; a tourniquet, of all things! Here’s Dennis Douda for the Mayo Clinic News Network.

| Video | Audio |
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| Total running time [2:27] | /// NATS |
| Randy Therkilsen speaking | “We were inside of a big tank on wheels, releasing a bearing off of a shaft.” |
| Dennis Douda speaking | A few months ago farmer Randy Therkilesen was doing a little repair work at this son’s metal shop. |
| Randy Therkilsen speaking | “A piece of shrapnel came off the bearing race and went in my wrist here and nicking a vein, so then we had blood coming out.” |
| Maria Flor speaking | “Had he not been able to control that bleeding, he could have been, spiraled downward pretty quickly.” |
| Randy Therkilsen speaking | “Crawl out of the equipment and get on the ground, then it was dripping on the floor pretty good.” |
| TITLE: Maria Flor, R.N. Randy’s Daughter | “.. they said that’s bleeding pretty bad and it started bleeding again. And my dad said, ‘go get my tourniquet out of the truck.’” |
| Dennis Douda speaking | Who keeps a personal tourniquet on hand? Well, those whose daughters happen to give them as Father’s Day gifts, and say - |
| TITLE: Randy Therkilsen Industrial Accident Patient | “Dad, take this in case you ever need it.’ Well, she knows my past history, so she was pretty sure I’d get to use it sometime.” |
| Dennis Douda speaking | You see, Maria Flor is a Nurse at the Mayo Clinic Health System clinic in Springfield, Minnesota. She also happens to be the facility’s Trauma Coordinator. |
| TITLE: Donald Jenkins, M.D. Mayo Clinic Level I Trauma Center | “That story is so poignant. It's just so, it's so, so amazing. And Maria is a real special person.” |
| Dennis Douda speaking | Dr. Donald Jenkins is Director of Mayo Clinic's Level I Trauma Center. When he spoke about controlling bleeding at a training session, Maria took it to heart. |

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| Maria Flor speaking | “So, one of the comments that Dr. Jenkins made was ... “ |
| Dr. Donald Jenkins speaking | “I -- I believe there should be a tourniquet in every combine, just as there is in every ambulance.” |
| Maria Flor speaking | “Which really was an ah-ha moment for me, because my dad and my brother farm.” |
| Dennis Douda speaking | Maria now plans to take the message even further, to the tens of thousands of attendees at farm shows. |
| Maria Flor speaking | “So now when we go back to Farmfest in August we can say, ‘we’ve done this. We’ve proved this and here’s the guy who can tell you about it.’” |
| Dr. Donald Jenkins speaking | “I think every industrial plant ought to have tourniquets.” |
| Dennis Douda speaking | Dr. Jenkins says tourniquets should always be kept readily accessible. |
| Dr. Donald Jenkins speaking | “We’re going to turn this windlass until the bleeding stops and we feel that there’s no pulse.” |
| Dennis Douda speaking | And he recommends this high-quality design, the kind stocked in emergency department trauma rooms. |
| Maria Flor speaking | “Still in pretty good shape, so back in the truck again.” |
| Dennis Douda speaking | A Father’s Day gift, that keeps on giving. |
| Randy Therkilsen speaking | “Good things to have when you need ‘em!” |
| Dennis Douda speaking | For the Mayo Clinic News Network, I’m Dennis Douda. |

Anchor tag: Besides farmers and industrial workers, Dr. Jenkins says kidney dialysis patients should always carry a tourniquet. He says twice in the past month, he’s seen patients whose lives were saved because they had access to a tourniquet when their vascular shunts ruptured. To see Dr. Jenkins give a quick demonstration on how to use a tourniquet properly, click [here](#).

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