Sandhya Pruthi, M.D.
Mayo Clinic breast cancer specialist

SOT #1
“The guidelines have changes in the frequency and the age at which to initiate mammograms and the new guidelines coming from the U.S. Preventive Task Force are recommending mammograms begin age 50 and then go every other year.”

SOT #2
“I’m not in agreement with the guidelines per se, I think that we still have to bring into the context of the picture what the values of the individual is and what risk factors she brings to the table, and sort out what are her feelings for what she wants for screening.”

SOT #3
“I’m still recommending that women have mammograms beginning age 40 and have that yearly. But along with that I think it’s just as important that women be familiar with their breast tissue, and if they notice anything new or there’s a change in the texture or the appearance that that should be promptly evaluated by their doctors.”