

Mayo Clinic Minute

Heart Attacks, Breast Cancer Patient iPad

Video

Audio

Vivien Williams	<p>Do you know what happens when you have a heart attack? I'm Vivien Williams with your Mayo Clinic Minute.</p> <p>Heart attacks happen when fatty deposits called plaques in your arteries get disrupted and form clots that block blood flow. Boston University researchers found a way to look inside arteries with special probes to see if plaques are at high risk of causing issues. More research is needed.</p>
	<p>A diagnosis of breast cancer is never easy. In addition to dealing with the shock, a patient has to digest an overwhelming amount of information. Will I need chemo, what about surgery, what does "stage" mean, etcetera. Mayo Clinic is testing an iPad app to see if it will help make the journey a little easier.</p>
Sandhya Pruthi, M.D. Breast Cancer specialist Mayo Clinic Cancer Center	<p>"What the iPad intended was to take all that content and deliver it in a personalized fashion to the patient so she'd have it in her own hands at the time she was ready to read it."</p>
	<p>Mayo Clinic breast cancer specialist Dr. Sandhya Pruthi hopes the iPad app will prove to be valuable to patients.</p>
Vivien Williams - on camera	<p>For more health news, visit the Mayo Clinic News Network.</p>