

**Mayo Clinic Minute**

**Heroin Overdose Drug**

Video	Audio
	Heroin. The drug has been big news this past year, and it will likely continue to make headlines in 2016 because use is up and so are heroin-related deaths.
<b>Jon Ebbert, M.D.</b> <b>Addiction specialist</b> <b>Mayo Clinic</b>	“The number of heroin overdoses has gone up five times in the last decade, so we’re in the midst of an opioid crisis.”
	Mayo Clinic addiction expert Dr. Jon Ebbert and the CDC both say states can play a role in tackling the heroin issue by supporting treatment and prevention efforts and by making the drug naloxone more accessible.
<b>Jon Ebbert, M.D.</b> <b>Addiction specialist</b> <b>Mayo Clinic</b>	“Naloxone can reverse overdose from opioids, and opioids are either prescription pain medications or commonly heroin.”
	Dr. Ebbert says the Food and Drug Administration recently approved the nasal form of naloxone, making it easier to administer than the injectable version. He says naloxone alone will not solve the heroin epidemic.
<b>Jon Ebbert, M.D.</b> <b>Addiction specialist</b> <b>Mayo Clinic</b>	“I like to think of it as naloxone revives the patient, but treatment saves the patient.”
	I’m Vivien Williams, and for more health news, visit the Mayo Clinic News Network.