

## Mayo Clinic Minute

### Zika Virus

Video	Audio
<b>Pritish Tosh, M.D.</b>	“Mosquitos are actually the number one killer of humans in terms of animals.”
	They carry diseases such as malaria, West Nile virus and one you may not have heard of...the Zika virus.
<b>Pritish Tosh, M.D.</b> <b>Infectious Diseases</b> <b>Mayo Clinic</b>	“Zika virus is an emerging infection seen largely right now in South America, although there seems to be some migration farther north.”
	Dr. Pritish Tosh is an infectious disease specialist at Mayo Clinic. He says only about 20 percent of those infected have symptoms which include fever and muscle aches.
<b>Vivien Williams</b>	“Most people don’t even know they have it. But the concern is the Zika virus may be associated with a birth defect for women exposed to it in their third trimester of pregnancy.”
<b>Pritish Tosh, M.D.</b> <b>Infectious Diseases</b> <b>Mayo Clinic</b>	“This is when we start to get worried.”
	There’s no vaccine or treatment, but it doesn’t spread from human to human. Prevent Zika by using a repellent with at least 25 percent DEET, treat clothing with permethrin, wear long sleeves and pants and if you’re in an endemic area, use a mosquito net at night.
<b>Vivien Williams</b>	I’m Vivien Williams and for more health news, visit the Mayo Clinic News Network.