

Mayo Clinic Minute

Breast cancer strikes men too

VIDEO	AUDIO
	True or false: Men get breast cancer?
	True.
Title: KATHRYN RUDDY, M.D. MEDICAL ONCOLOGY Mayo Clinic	There are approximately 2,000 men diagnosed with breast cancer in the United States every year.
Graphic: RISK FACTORS Family history BRCA2 gene mutation Age	Mayo Clinic medical oncologist Dr. Kathryn Ruddy says men with a family history of breast cancer or a BRCA2 gene mutation are at higher risk for the disease. And she says it tends to occur in older men. However ...
	... Men of any age can have breast cancer.
Graphic: Lump Dimpling Redness Discharge	Dr. Ruddy says male breast cancer often occurs near the nipple. Symptoms may include a lump, dimpling or puckering, redness or a discharge.
	So, nipple changes, nipple pain should be evaluated. Any change in the breast tissue needs to be addressed by the doctor.
	Tests and treatments for men are similar to those used for women, including the use of mammography to investigate changes in breast tissue.
	The most important thing for men to realize is that they can get breast cancer, so they should not ignore any abnormality they detect in the breast tissue.
Graphic: newsnetwork.mayoclinic.org	For the Mayo Clinic News Network, I'm Jeff Olsen.