

Mayo Clinic Minute

Mannheim Steamroller and ambient therapy

Video	Audio
Courtesy: Mannheim Steamroller	
Vivien Williams	Chip Davis, composer and founder of Mannheim Steamroller, is a king of Christmas music.
Chip Davis Composer	“We do approximately 100 cities within about five weeks in the fourth quarter of every year.”
Vivien Williams	Chip’s other passion is harnessing the healing power of nature sounds. He calls it ambient therapy.
Chip Davis	“It puts you someplace different than where you think you are.”
Vivien Williams	It’s a, sort of, 3-D sound that Chip records with special equipment out in nature. Experts at Mayo Clinic have installed ambient therapy systems in certain ORs and patient rooms.
Chip Davis	“Whether it’s ocean, whether it’s streams or rivers, whether it’s an autumn day in the Midwest, I can put you in that circumstance.”
Vivien Williams	Patients say they feel transported to calmer places. Research shows the sounds can help patients relax, and some reported feeling less pain.
Chip Davis	“It completely can take you away from the distracting sounds and noises in the hospital room.”
Vivien Williams	Bringing patients hope for healing. For the Mayo Clinic News Network, I’m Vivien Williams.