

## Mayo Clinic Minute

### Are puppy kisses good or bad?

<b>Video</b>	<b>Audio</b>
<b>Vivien Williams</b>	Puppy kisses. Dog owners love them.
<b>Pritish Tosh, M.D.</b> <b>Infectious diseases</b> <b>Mayo Clinic</b>	“The interaction between dogs and humans is a very special one.”
<b>Vivien Williams</b> <b>VO: Dogs kissing</b>	But can you get sick if you smooch your pooch?
<b>Pritish Tosh, M.D.</b>	“Is it going to be harmful if you let your dog lick your face? Probably not.”
<b>Vivien Williams</b>	Infectious disease specialist Dr. Pritish Tosh says, sure, dogs’ mouths are full of germs.
<b>Vivien Williams</b>	After all, they spend much of their time sniffing and tasting, ah, things. So their mouths may have bacteria such as e coli or salmonella in them.
<b>Vivien Williams</b>	So theoretically, contracting something is possible, and Dr. Tosh says don’t let dogs lick your wounds.
<b>Vivien Williams</b>	Now, there is a theory that suggests exposure to dog germs is actually good for you.
<b>Pritish Tosh, M.D at 2:48</b>	“Is it beneficial in terms of good bacteria? I doubt it. But, is it going to form that bond between you and that dog? I think likely.”
<b>Vivien Williams</b>	It seems puppy kisses probably won’t kill you. For the Mayo Clinic News Network, I’m Vivien Williams.