

## **Mayo Clinic Minute**

### **Treating age-related macular degeneration**

VIDEO	AUDIO
	This is what the world can look like for a person with age-related macular degeneration.
SOPHIE BAKRI, M.D.	"It's abnormal aging of the retina – in particular, the macula."
	Mayo Clinic retinal specialist Dr. Sophie Bakri says symptoms can vary.
Title: SOPHIE BAKRI, M.D. OPHTHALMOLOGY Mayo Clinic	"They can range from distortion of lines, distortion of letters."
SOPHIE BAKRI, M.D.	"They also can have blind spots."
SOPHIE BAKRI, M.D.	"There are two kinds of macular degeneration. One is the dry kind, the other is the wet kind."
Graphic: DRY AMD Thinning of the macula Spots under the macula	The more common dry macular degeneration leads to thinning of the macula or drusen spots under the macula. Its progression can be slowed by taking special vitamins.
Graphic: WET AMD	Wet macular degeneration is caused by abnormal blood vessels that leak fluid into the macular region. The wet condition can be treated by injecting medication into the eye on a frequent basis.
SOPHIE BAKRI, M.D.	"And the results have been excellent. About 90 percent of patients don't lose any further vision."
	Reassuring news for anyone who is worried about a future look at the world.
Graphic: <a href="http://newsnetwork.mayoclinic.org">newsnetwork.mayoclinic.org</a>	For the Mayo Clinic News Network, I'm Jeff Olsen.