## **Mayo Clinic Minute**

## What is autism?

| Video   | Audio   |
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| Vivien Williams   | One in 68 children will be diagnosed with autism spectrum disorder. A condition that involves   |
| Andrea Huebner, Ph.D.                                       | " significant impairments in social and communications skills."   |
| Vivien Williams   | Mayo Clinic neuropsychologist Dr. Andrea Huebner says kids with autism  |
| Andrea Huebner, Ph.D. Psychiatry and psychology Mayo Clinic | "Have difficulty reading the social cues around them and then acting appropriately."  |
| Vivien Williams   | They may isolate themselves or make repetitive movements. Some cases are mild, others more severe. The good news is   |
| Andrea Huebner, Ph.D.                                       | "We know more than we ever have before about autism and how to help children with autism."  |
| Vivien Williams   | Early treatment with Applied Behavioral Analysis, or ABA, is key.   |
| Andrea Huebner, Ph.D.                                       | "Children are taught basic principles of social and communication."   |
| Vivien Williams   | Research into the causes of autism is ongoing. Dr. Huebner wants people to know that  |
| Andrea Huebner, Ph.D.                                       | " in general, children with autism do<br>get better. The behaviors that are<br>associated with autism that are so<br>difficult for parents to manage do get<br>better." |
| Vivien Williams   | For the Mayo Clinic News Network, I'm Vivien Williams.  |