

## Mayo Clinic Minute

### Are Swimming Pools Safe?

Video	Audio
<b>Vivien Williams</b>	Every season, the news hits of pools closing because of an outbreak of cryptosporidiosis.
<b>Bob Jacobson, M.D.</b>	“It’s a form of diarrhea that is contagious.”
<b>Vivien Williams</b>	Mayo Clinic Dr. Bob Jacobson says outbreaks can happen when someone with active infection swims in a pool. Cryptosporidium spreads easily through water. People who have diarrhea should not swim or bathe with others until 2 weeks after it has resolved. And, all it takes is a gulp of contaminated water for someone to get sick: watery diarrhea, stomachache, vomiting, loss of appetite, weight loss and mild fever.
<b>Bob Jacobson, M.D.</b> <b>Pediatrician</b> <b>Mayo Clinic</b>	“Depending on the severity of the illness, we have treatments that maintain your hydration ...”
<b>Vivien Williams</b> <b>VO: Pool, people</b>	Temporary pool closures usually take care of the problem. Dr. Jacobson says outbreaks are mostly local, and you shouldn’t let them keep you out of the water. He wants people to ...
<b>Bob Jacobson, M.D.</b>	“Enjoy swimming and relaxing at our pool sides.”
	For the Mayo Clinic News Network, I’m Vivien Williams.