## Mayo Clinic Minute

## Treating male hair loss

VIDEO	AUDIO
	Have you heard you can predict what will happen to your hair by looking at your mother's father's locks?
Leila Tolaymat, M.D.	"That's an 'Old wives' tale,' where we just look at our maternal grandparent."
Leila Tolaymat, M.D.	"It can come from both sides of the family."
	Dermatologist Dr. Leila Tolaymat says there are many kinds of hair loss.
Title: Leila Tolaymat, M.D. Dermatology Mayo Clinic	"One of the types of hair loss is called androgenetic alopecia, and that's known as male- or female- patterned hair loss."
Graphic: Hair loss Genetic Disease-related Medications	Male-patterned hair loss has a genetic component. However, some hair loss can be caused by internal disease or medications.
Leila Tolaymat, M.D.	"seeking out expert opinion, the earlier, the better, because we want to maintain the hair that they currently have."
Treatments Topical application Minoxidil Oral medicine Finasteride	A topical medication called minoxidil and an oral medicine called finasteride regrows or maintains hair in some men.
Leila Tolaymat, M.D.	"One area of research in hair loss is called protein- rich plasma."
Protein-rich plasma Protein growth factors Injected within scalp	In this treatment, protein growth factors from a patient's own plasma are harvested and injected within the scalp.
Leila Tolaymat, M.D.	"The protein-rich plasma is a new therapy – and promising."
	For the Mayo Clinic News Network, I'm Jeff Olsen.