

Mayo Clinic Minute

What to expect during your child's physical exam

Video	Audio
Vivien Williams	Back-to-school physicals. Do kids really need them? Dr. Alva Roche-Green says, 'Yes.'
Alva Roche-Greene, M.D. Family Medicine Mayo Clinic	"You want to check their hearing, their vision, their height and weight to make sure they're growing appropriately. And check their development to make sure that your child's development is appropriate for their age."
Vivien Williams	If your provider notices any developmental delays, you can intervene early.
Alva Roche-Greene, M.D.	"You can actually make a big impact on your child's ability to learn and grow by having them get the appropriate services."
Vivien Williams	Other benefits of back-to-school exams include updating vaccinations.
Alva Roche-Greene, M.D.	"Before kids enter kindergarten, first grade, there's a specific set of vaccines that are required by most states. And usually before kids enter 7 th grade, there's another set of vaccines."
Vivien Williams	Exams are also a great time for parents to ask any questions they may have about their child's health. Back-to-school physicals are key to making sure your child is healthy and ready for a new school year. For the Mayo Clinic News Network, I'm Vivien Williams.