

Mayo Clinic Minute
Hysterectomy options

Video	Audio
Vivien Williams	Every year, approximately 600,000 women have hysterectomies, or surgery, to remove their uterus.
Megan Wasson, D.O. Gynecologic Surgery Mayo Clinic	“There are two main types of hysterectomies. There is a total hysterectomy where the entire uterus is removed. And there’s a subtotal hysterectomy, where the uterus is removed, but the cervix remains in place.”
Vivien Williams	Dr. Megan Wasson says common reasons for a hysterectomy include fibroids, which can cause heavy bleeding; endometriosis; uterine prolapse; and cancer. She encourages all women considering hysterectomy to ask three questions: ...
Megan Wasson, D.O.	“... No. 1: Is there any other management that she can utilize to address whatever issues she’s having?”
Vivien Williams	Ask if there are medications or other procedures, such as focused ultrasound and uterine artery embolization which can help you avoid a full hysterectomy. Second: ...
Megan Wasson, M.D.	“... She also needs to ask what approach is going to be best for her hysterectomy, whether that’s a vaginal approach, abdominal approach, laparoscopic. And, then, No. 3: She needs to ask what the benefit or risk would be of removing her ovaries at the time of her hysterectomy.”
Vivien Williams	Dr. Wasson says a discussion with your health care provider is essential when considering a hysterectomy.

For the Mayo Clinic News Network, I'm
Vivien Williams.