

Mayo Clinic Minute

Nipple-sparing mastectomy, pre-pectoral reconstruction

VIDEO	AUDIO
Amy Degnim, M.D.	"We are able to achieve really wonderful cosmetic results with this procedure."
	Breast cancer Surgeon Dr. Amy Degnim says the first phase of this team procedure is nipple-sparing mastectomy to remove cancerous breast tissue, but, if possible, save all the skin, including the nipple and areola.
Title: Amy Degnim, M.D. General Surgery Mayo Clinic	"... so that, after a reconstruction, the result looks as natural as possible."
	The natural look is furthered during the second phase of the surgery – pre-pectoral reconstruction.
Title: Valerie Lemaine, M.D. Plastic Surgery Mayo Clinic	"Once we know that clear margins have been obtained; then I'm called into the operating room."
	Plastic surgeon Dr. Valerie Lemaine says, unlike a traditional reconstruction with the implant behind the chest muscle, in a pre-pectoral procedure, the implant goes in front.
Valerie Lemaine, M.D.	"The main advantage is ..."
Valerie Lemaine, M.D.	"... the implant is positioned where the breast used to be anatomically."
Valerie Lemaine, M.D.	"Also, when we do surgery without manipulating a muscle, there is definitely less pain."
Amy Degnim, M.D.	"We want women to know that this is an option for many of them."
	For the Mayo Clinic News Network, I'm Jeff Olsen.