

Mayo Clinic Minute: Erectile dysfunction

VIDEO	AUDIO
	You could call the penis a barometer for a man's health.
	If barometer pressure goes down, that indicates that storms are coming. When the penis and erectile function declines, that can also mean that other storms in your health are around the corner, as well.
Title: JEFF OLSEN MAYO CLINIC MINUTE Mayo Clinic News Network	These storms — or problems — can happen in organs that are made up of tissue similar to that of the penis.
Title: LANDON TROST, M.D. UROLOGY Mayo Clinic	"It has endothelia cells, which are kind of blood vessels, and it has smooth muscle. These same types of cells are found in other organs in your body. So, in your heart, in your brain, and in your kidneys."
Graphic: ED can precede Heart disease Stroke Diabetes	Mayo Clinic urologist Dr. Landon Trost says, erectile dysfunction can precede issues like heart disease, stroke and diabetes.
Dr. Trost	"So, it does give you an early warning indicator and suggests that, in some cases, it's worthwhile to seek further evaluation."
	Although it's the last thing a man might want to discuss, Dr. Trost says ED is one of the first things he should bring up with his doctor.
Dr. Trost	"It's very, very common."
	And, it could be a signal there's a storm approaching.
	For the Mayo Clinic News Network, I'm Jeff Olsen.