

Mayo Clinic Minute

Why you should get tested for HIV

Video	Audio
	Have you been screened for HIV? The Centers for Disease Control and Prevention recommends everyone between ages 13 and 64 get tested for HIV as part of routine health care.
Stacey Rizza, M.D. Infectious Diseases Mayo Clinic	“A little over a million people who are living with HIV in the United States right now. Unfortunately, it’s estimated that around 15 to 20 percent, depending on the numbers you look at, of people in the U.S. who are infected with HIV right now, don’t know they’re infected.”
	Dr. Stacey Rizza, a Mayo Clinic infectious diseases specialist, says HIV testing is a first step in stopping the spread of the virus – followed by treatment.
	“The way we do that is through antiretroviral therapy or a combination of HIV medicines that treat HIV.”
	Dr. Rizza says HIV is a serious infection but can be well-managed for those who seek care.
	“Treatment is prevention. Treating your infected members of society prevents transmission to other members.”
	But first, Dr. Rizza says, we need to get people tested and diagnosed.
	For the Mayo Clinic News Network, I’m Ian Roth.

Idea if more needed:

SCREEN GRAB: <https://www.cdc.gov/hiv/pdf/library/factsheets/hiv-testing-101-info-sheet.pdf>