

## Mayo Clinic Minute

### Does blood type matter when donating blood?

Video

Audio

	This one pint of donated blood can save up to three lives. But does your blood type matter when deciding to give blood?
	"It all is important."
	Dr. Justin Kreuter says O-negative is often in highest demand.
Justin Kreuter, M.D. Laboratory Medicine and Pathology Mayo Clinic	"Most commonly what you'll often see is a call for either O-negative or just, as a blanket, O blood donors because that's what's going to be used in emergency situations. And, so, in those emergency situations, you can go through a lot of blood very quickly."
	There are four major blood groups: A, B, AB and O.
	Dr. Kreuter says A-positive is a common blood type in demand, too. One in 3 people have this blood type.
	"Most of our patients are A-positive. And, so, even though that's a very common blood type, it's one that we use a lot of."
	Whatever your blood type, Dr. Kreuter encourages everyone to go to their local blood donor program to find out if their eligible to donate.
	"All blood types are really equally and representatively important."
	"It's literally saving lives."
	For the Mayo Clinic News Network, I'm Ian Roth.