

Mayo Clinic Minute

What you need to know about progressive supranuclear palsy

Video	Audio
	Progressive supranuclear palsy, or PSP, is a disease you may have never heard of and will probably hope you never have to deal with.
00:01:10 DR. BRADLEY BOEVE 1913:	"Many of the features are similar to Parkinson's disease, and many people are misdiagnosed early on because of those similarities."
	People with PSP have trouble walking and maintaining their balance.
	They also have a hard time moving their eyes, blinking regularly or controlling their facial expressions.
	It can also affect a person's behavior and their ability to think normally.
00:02:23 DR. BRADLEY BOEVE 1913:	"It's relatively rare. It's about the same prevalence as Lou Gehrig's disease, or ALS."
	Dr. Bradley Boeve, a neurologist at Mayo Clinic, says it usually comes on when people are in their 50s or 60s, but it's not clear what causes PSP. And there is no cure.
	Physical, occupational and speech therapies can help symptoms, and there are some medicines.
00:05:23 DR. BRADLEY BOEVE 1913:	"This is a very, you know, frankly, devastating, terrible illness. From onset until passing away usually is in the two-to seven-year range."
	For the Mayo Clinic News Network, I'm Ian Roth.