

Mayo Clinic Minute: Secondhand electronic cigarette smoke

Video	Audio
	When people smoke tobacco products, a myriad of chemicals are released into the air. It's those chemicals, not the addictive nicotine, that pose a danger.
J. Taylor Hays, M.D. Nicotine Dependence Center Mayo Clinic	"The dangerous components are the other 6,000 things that are in tobacco smoke, and they are created because tobacco is burned."
	Does vape smoke have similar effects as those who are around tobacco smoke? Dr. Taylor Hays says there isn't any data on secondhand vape smoke, which is actually an aerosol.
	"These little particles that are inhaled by the vaper are also released into the atmosphere, and so if they are an irritant to the lungs — which we know they are in people who vape — then in secondhand vaping, there probably also are irritants."
	With flavorings like vanilla, cinnamon and grape, e-cigarettes may smell a whole lot better than a burning tobacco product, but that doesn't mean they are safe to be around.
	"We haven't developed the data yet to say that it's clearly dangerous, but it probably is."
	For the Mayo Clinic News Network, I'm Jason Howland.