

**Mayo Clinic Minute: Paired kidney donation is saving more lives**

VIDEO	AUDIO
Jason	Living kidney donation is safer and easier than most people think.
<b>Mikel Prieto, M.D. Transplantation Surgery Mayo Clinic</b>	“There is very low risk with donation, and you can help somebody change their life if you donate a kidney.”
Jason	Finding a donor match sometimes can be a challenge and often leads to a long waiting list. But over the past decade, more and more transplants are through paired kidney donation.
Dr. Prieto	“This has been a game-changer. In fact, today about 20% or even 25% of our transplants are through paired donation.”
Jason	It’s essentially swapping kidney donors. If you have someone willing to give you a kidney, but they’re not a match ...
Dr. Prieto	“... we can use that kidney for somebody else and find a kidney for you.”
Jason	It’s opened up many more opportunities for people who desperately need transplants to find a match.
Dr. Prieto	“If you have a donor, even though they may not be compatible with you, if you are in a transplant center where kidney paired donation is done regularly, your chances of finding a transplant and getting transplanted soon are significantly increased.”
Jason	For the Mayo Clinic News Network, I’m Jason Howland.