

Mayo Clinic Minute: Don't delay mammograms, other breast cancer screening

Video	Audio
	Fewer people are being diagnosed with breast cancer because of the COVID-19 pandemic.
	"If you delayed getting your screening mammogram because of the pandemic, schedule it now."
	Dr. Katie Hunt, a Mayo Clinic radiologist, wants patients to know it's safe and important to resume their regular breast cancer screening.
Katie Hunt, M.D. Radiology Mayo Clinic	"The biggest risk of skipping cancer screening is that cancer has more time to grow and potentially progress to a more advanced stage."
	"Screening mammography has been incredibly successful because we detect cancers when they're small and treatable, which results in better outcomes for our patients. We don't want to miss that window of opportunity. So, again, if your mammogram has been delayed by the pandemic, please don't wait any longer and come in and get your mammogram done."
	Dr. Hunt recommends women start yearly screening mammograms at age 40.
	"That's been the regimen that we have the strongest data for and that is shown to have the highest reduction in mortality for women."
	For the Mayo Clinic News Network, I'm DeeDee Stiepan.