

## Holiday shopping do's and don'ts during COVID-19

Video	Audio
John O'Horo, M.D. Infectious Diseases Mayo Clinic	"So, what I'm looking for in places to shop safe during the holidays is literally signs like this that are shop safe that emphasize important things like wearing a mask, social distancing and a maximum number of people for the size of this area. So, this here is exactly what I look for in just about any place. Now, as we walk in, it's great to see front and center, a hand sanitizer station that you can use, and wash your hands up nice and good. In this case, I know the manager said that they come by here and wash this off in between every use because this is a high-touch surface. Attention to keeping these high-touch surfaces clean is critical to preventing any kind of transmission. The emphasizing that you'd not only wear a mask, but you wear it properly. That means wearing it over your nose and mouth. You want to make sure you're wearing an effective mask. An effective mask is one that covers both of those areas, pulling it down underneath the nose really makes the mask not effective."
	"We see a couple of additional measures that they've taken here. They are taking the effort to clean clothes in-between episodes where people are wearing them in the dressing room. And, whether or not it's a steam cleaner or something else or even closing the dressing room, the act of making sure that something that's high-touch like that is getting cleaned in-between each use is great. And inside the dressing room itself, they tell people to leave their clothes in here and not to put them back so that they can bring them out for reprocessing for cleaning if they need to beforehand. Now whether a place is doing this or they're closing down the dressing rooms or doing other measures, the important part is to look for signs that a business is really taking this seriously, making sure high-touch surfaces are being cleaned, making sure people are masked and making sure that it's easy and everyone is washing their hands consistently."
	"And at the checkout here, we can see that they're set up for taking all sorts of forms of payment behind their barrier here as well. But, this is something where it's a good practice for most places to try to use

touchless payments or avoid cash if they can. That's not to say that cash shouldn't be used. But, a lot of places are going towards saying use a card and use cards in ways where the actual buyer is the one swiping. That's just to avoid one more touch point between individuals. We see the touchless purchase option going on here. A lot of the kinds of cards that are available today allow you to have a touchless interaction so you don't have to hand over your card. Some of the common ones even come on the phone. It's just important if you're using with the phone-based ones that uses facial recognition. Don't use it while your mask is on. It's too tempting to just pull down that face mask, but there's always a different way to do that.”