

Mayo Clinic Minute: When to seek emergency care

Video	Audio
	"I still think there's a segment of the population which isn't seeking care in the way that they did before COVID-19, and I worry about them."
	Emergency Medicine Physician Dr. Casey Clements says the threshold for when to seek emergency care hasn't changed.
Casey Clements, M.D., Ph.D. Emergency Medicine Mayo Clinic	"If somebody is having chest pain; if they really can't catch their breath; if they're having signs or symptoms of a stroke, like weakness in one area of their body; certainly any sort of bleeding that might not be controlled, such as in your stool — those are all reasons to seek emergency care. We need to check those out."
	It's also important to catch up on any preventive care or screenings that may have been put off during the pandemic.
	"I would encourage everybody to go get those screenings done and to do that preventative maintenance, so you don't have to come see me in the emergency department."
	The bottom line is the COVID-19 pandemic should not keep people from seeking the care they need.
	"But if they need to be here, I want to make sure that they know that it's safe and appropriate to come and we will welcome them."
	For the Mayo Clinic News Network, I'm DeeDee Stiepan.