

Mayo Clinic Minute: Fireworks and grilling safety reminders

Video

Audio

	Sparklers can be fun, exciting, and dangerous. That's why it's important to handle them with care. Dr. Michael Boniface, an emergency medicine physician, says he sees an uptick in summer injuries.	
	(NAT SOUND grilling) And, what about a summer favorite, grilling?	
Michael Boniface, M.D. Emergency Medicine Mayo Clinic	"We do see things like burns from fireworks or grills, or campfires."	
	Along with risk of burns, grills can produce potentially toxic exhaust gases as well as smoke that can irritate the lungs.	
	"Never ever operate a grill whether it's propane or charcoal inside or in poorly ventilated spaces."	
	Ready to grill? Before you light that match, consider using an alternative to lighter fluid like a chimney starter or ...	
	"...use an electric starter, which will gradually bring the grill to temperature over time."	
	Dr. Boniface says if you do choose to use lighter fluid to start your charcoal grill ...	
	"... you have to be very judicious in how much you apply and maintain a safe distance when you're lighting it.	
	For the Mayo Clinic News Network, I'm Jason Howland.	