

Mayo Clinic Minute: Long-term survival improving for kidney transplant patients

VIDEO	AUDIO
	Long-term survival rates for kidney transplant patients have improved over the past three decades.
Carrie Schinstock, M.D. Nephrology Mayo Clinic	"Significant advances have been made specifically in the detection of antibodies towards kidney transplants. The testing has become much more sensitive, and so now we're able to avoid transplants that may lead to an early rejection."
	Dr. Carrie Schinstock is medical director of the Kidney Transplant Program at Mayo Clinic in Rochester, Minnesota.
	"There's also been significant advances in different immunosuppression and advances in our ability to detect viruses that can be detrimental to kidney transplant patients."
	She says another factor has been the improvement at Mayo in posttransplant management of hypertension, hyperlipidemia, diabetes and obesity that can lead to cardiovascular death.
	"We now have protocols in place for weight management posttransplant, and also to implement bariatric surgery pre- and posttransplant with the hope of improving long-term outcomes."
	For the Mayo Clinic News Network, I'm Jason Howland.