

Mayo Clinic Minute: Visual snow

Video	Audio
Carrie Robertson, M.D. Neurology Mayo Clinic 00:00:22 – 00:00:36	"Visual snow is a disorder where patients see a type of TV static in their vision. It's almost like they have millions of tiny little dots in their vision all the time, and it's throughout their visual field."
	Symptoms may involve flashes of light or seeing things that our brain is supposed to tune out, such as eye floaters or afterimages.
00:02:24 – 00:02:42	"Perhaps they'll look at a TV or some words on a piece of paper. And as they start to look away, they still see shadows left over these afterimages, and it can almost create a double vision, or a feeling that words are moving when they're trying to read."
	These types of symptoms can be distracting by themselves. However, some people also suffer from additional symptoms, such as dizziness, headaches or ringing in the ears.
00:04:17 – 00:04:25	While many people who experience visual snow are born with it, there can be secondary causes. "Some patients might notice this coming on after an event like a head injury, or a really severe infection or illness."
	There's not yet a treatment for visual snow, but there are ways to treat the symptoms associated with the disorder.
00:05:30 – 00:05:42	"We can work on different types of visual therapy, and work with visual filters to try to reduce the severity to make it easier for them to read easier for them to function."
	For the Mayo Clinic News Network, I'm DeeDee Stiepan.