

**Mayo Clinic Minute: Dermatologist discusses male-pattern baldness**

VIDEO	AUDIO
	If you're a man and you're losing your hair, you're not alone.
	"You can have androgenetic alopecia."
	It's a genetic condition also known as male- or female-pattern baldness. It's a common form of hair loss, especially for men. And as the name implies, hair loss occurs in a well-defined pattern.
<b>Dawn Davis, M.D. Dermatology Mayo Clinic</b>	"First, you notice thinning around the temples, and then that continues to recede backward towards the back of the scalp. Those areas then eventually meet with a balding spot near the hair whorl in the back of the crown of the scalp."
	Some men embrace their baldness, but those who want to treat their hair loss should talk with a hair specialist, such as a dermatologist.
	"There are medicated shampoos, topical prescription medications, oral medications and immune system medications that we can use to help people with their alopecia based on the type of hair loss."
	There are also over-the-counter pills, liquids, foams and shampoos that can promote hair growth or slow the rate of that receding hairline.
	"It's not a one-size-fits-all model. But for some common disorders, there are some over-the-counter things you can do."
	For the Mayo Clinic News Network, I'm Jason Howland.