

Mayo Clinic Minute: Can uterine fibroids affect pregnancy?

Video

Audio

	Fibroids can go undetected in many healthy pregnancies.
Michelle Louie, M.D. Gynecology Mayo Clinic	"But depending on their size or location, they may affect a person's ability to get pregnant, or stay pregnant or have a healthy pregnancy."
	Fibroids are usually classified based on their location in the uterus, for instance.
	"A submucosal fibroid is most likely to affect a future pregnancy or affect a person's ability to get pregnant or conceive; whereas, intramural fibroids, especially if they're small, would probably have no effect on a future pregnancy or person's ability to get pregnant."
	An ultrasound or MRI may be ordered to assess treatment options.
	"The traditional surgery that's evidence-based for people who are wanting future pregnancy is a myomectomy."
	Dr. Louie says while fibroids may complicate pregnancy for some, ...
	"... fibroid specialists may be very much able to guide them to the variety of treatment options that we have — both to allow treatment of their symptoms and to allow future childbearing if that's one of their goals.
	For the Mayo Clinic News Network, I'm DeeDee Stiepan.