

Mayo Clinic Minute: Heat and how it affects medication

Video	Audio
	Temperature can impact any medication a person is taking, but some are more prone to problems than others.
Scott Hall, Pharm.D. Pharmacy Mayo Clinic	"Insulin is definitely going to be one of those medications. So patients with diabetes should try to not store their insulin in a place where the temperature will get too high."
	Store your medication in a cool, dry place. If you keep them in a bathroom where you shower, leave the medicine in the original container.
	"Keeping it in those bottles where they can remain sealed is really going to help prevent any negative effects of heat."
<p>Graphic:</p> <p>May cause heat intolerance:</p> <ul style="list-style-type: none"> • Blood pressure medication • Antihistamines • Decongestants • Psychiatric medications 	<p>And some medicines can cause heat intolerance. Those may include:</p> <ul style="list-style-type: none"> • Blood pressure medication • Antihistamines • Decongestants <p>And</p> <ul style="list-style-type: none"> • Psychiatric medications
	If you have questions about your medication, it's important to ask.
	"If you have questions about your medications and how you should store them, or how they could affect you in the heat, that's a great time to talk with your pharmacist, and they can provide that information that you need to really understand what the possibilities are."
	For the Mayo Clinic News Network, I'm DeeDee Steipan.