

## Mayo Clinic Minute: What is a Hispanic Biobank?

Video	Audio
RICHARD O. WHITE, M.D. COMMUNITY INTERNAL MEDICINE Mayo Clinic	More accurate medical tests, and targeted treatments and procedures, are the product of medical research. That research, and the goal of better health, starts with a sample, often stored in a biobank. "The biobank really represents a biorepository, a collection of biospecimens. So, blood samples, saliva samples."
	Biobanks targeting Hispanic donors are helping researchers studying genetic or other types of information to better understand the growing Hispanic population and apply knowledge.
	05:15 "The ideal candidate really is anyone who self-identifies as being Hispanic or of Latino heritage that's over age 18, and really is interested in just providing biospecimen information that can be used for future research."
	Providing a sample to the biobank is straightforward and pain-free.
	05:40 "Buccal swab for the DNA sample is really just like taking a Q-tip and swabbing it on the inside of the mouth. And then, providing a blood sample is similar to just getting your cholesterol checked or your blood sugar checked at your doctor's office."
	For the Mayo Clinic News Network, I'm Alex Osiadacz.