

Mayo Clinic Minute: Why patients with breast cancer should ask their health care team about clinical trials

VIDEO	AUDIO
	Therapies for people with breast cancer have advanced, thanks to clinical trials and the people who volunteer to participate in them. But the need for research continues.
Saranya Chumsri, M.D. Oncology Mayo Clinic	"Our treatment for breast cancer has improved significantly in the past few decades."
	Dr. Saranya Chumsri says that she encourages her patients with breast cancer to consider clinical trials.
	"First of all, it will help us advance science ...
	... patient herself will also benefit from being able to have the access to these new drugs."
	But a lack of diversity in clinical trials could mean a lack of data for different groups of people.
	So it's important for people from diverse communities to participate in clinical trials to promote health equity and reduce health disparities.
	"Enrolling these patients into the clinical trial, first of all, they actually might benefit from these novel treatments, like immunotherapy."
	And research findings from clinical trials benefit everyone by advancing health care and improving community health.
	"This is the only way we can learn whether the treatment would be better than what we currently have as a standard of care."
	For the Mayo Clinic News Network, I'm Joel Streed.