

Mayo Clinic Minute: Hope for spontaneous coronary artery dissection, SCAD

VIDEO	AUDIO
	"Spontaneous coronary artery dissection, or SCAD, is a type of heart attack."
	It happens when a tear forms in a blood vessel in the heart. It can slow or block blood flow, causing a heart attack.
Sharonne N. Hayes, M.D. Cardiovascular Medicine Mayo Clinic	"These individuals, 90% are women, and often really don't have much in the way of the traditional heart risk factors."
	They may be athletes, young mothers or teens. That's the challenge.
	"It is a heart attack — and a patient who doesn't look like they should be having a heart attack."
	Most people who have SCAD usually have other abnormalities in other arteries in their bodies ...
	"We need to assess them for any other problems,"
	says Dr. Hayes.
	"There may be some genetic factors. We know that there is no SCAD gene, specifically."
	She tells patients to have hope.
	"There is life after SCAD and hope after SCAD because the research is really burgeoning. And we know so much more than we did even a decade ago."
	For the Mayo Clinic News Network, I'm DeeDee Stiepan.