

Mayo Clinic Minute: Can aspirin make your breathing worse?

VIDEO	AUDIO
	Coughing, wheezing, sinus pressure, the list goes on.
	It might describe a diagnosis that, for some, has been historically missed — aspirin-exacerbated respiratory disease.
	"These are patients who have horrible asthma. They also have nasal polyps, and they're allergic to aspirin."
	And aspirin doesn't cause new illness. It aggravates asthma and sinus issues for these patients.
Angela Donaldson, M.D. Otolaryngology Mayo Clinic	"It's a particular group of people who have been struggling with regular medical therapy that should work, and have both asthma that's difficult to control and sinus disease that's difficult to control."
	Dr. Angela Donaldson says most patients suffer for years before the correct diagnosis and treatment. And that's a focus of her research.
	"How best to get people to screen for that disease process, since it's kind of overlooked multiple times, and then get people back to their normal lives."
	For the Mayo Clinic News Network, I'm Jason Howland.