

## Mayo Clinic Minute: New treatment for fibroids without surgery

Video	Audio
Elizabeth "Ebbie" Stewart M.D. Gynecology Mayo Clinic	"There are two new FDA-approved drugs for the medical treatment of uterine fibroids."
	Dr. Ebbie Stewart says the new drugs are effective in treating heavy menstrual bleeding, relieving pain and reducing the need for a hysterectomy.
	"Because many women are pushed in the direction of surgical therapy, and we know there are big limitations to surgical therapies, this is a great treatment option for many women."
	Fibroids are benign growths in the uterus. While common, they can be disruptive.
	And disproportionately affect women of color.
	"There's evidence that Black women are more likely to have fibroids and more likely to have severe fibroids and severe fibroid symptoms."
	Dr. Stewart is encouraged.
	"To be able to take a medication and get terrific relief of their symptoms, I think will be a game-changer for many women."
	For the Mayo Clinic News Network, I'm DeeDee Stiepan.