Mayo Clinic Minute: Melanoma misconception — dark skin tones at risk, too

| VIDEO  | AUDIO  |
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|  | "Melanin is the protein component of the skin that gives our skin color."  |
|  | Darker skin tones have more melanin. The pigment<br>protects against sun damage and lowers the risk of skin<br>cancer. Some people with dark complexions think<br>melanin shields them from getting skin cancer. But Dr.<br>Dawn Davis says that's a myth. |
| Dawn Davis, M.D.<br>Dermatology<br>Mayo Clinic | "All patients, including patients who are skin of color,<br>have a risk of melanoma. Children can also have<br>melanoma."  |
|  | When melanoma develops in people of color, it's often<br>diagnosed at a later stage and is more aggressive. But<br>that could be because skin cancer in people with darker<br>skin may appear in unexposed areas.  |
|  | "Under your armpits, in your genital area, under your nails, fingernails and toenails, and on the palms and soles."  |
|  | Dr. Davis says people of color, including children,<br>should wear sunscreen and perform regular skin self-<br>exams.  |
|  | For the Mayo Clinic News Network, I'm Sonya Goins.   |