

**Mayo Clinic Minute: Correcting the curve with scoliosis surgery**

VIDEO	AUDIO
	Most people with scoliosis have a mild spinal curve that can be monitored by their healthcare team over time or treated with a back brace and physical therapy.
<b>Jamal McClendon Jr., M.D. Neurosurgery Mayo Clinic</b>	"Most individuals who we see, or I see, in the office, greater than 90% do not need any form of a procedure."
	But according to Dr. Jamal (JAH-mell) McClendon, when surgery is necessary, it's usually minimally invasive, improving safety and recovery time.
<b>Dr. McClendon</b>	"The future is very bright as far as keeping things very safe for patients who need to undergo these operations."
<b>Dr. McClendon</b>	"We try to keep things as small as possible, particularly if there's quite a bit of growth remaining in our young patients."
<b>Dr. McClendon</b>	"There are some individuals who have very large curvatures or large progressions of curves in which we have to do some operations with limited mobility, but then we may just have to restrict to some activities. But they still can lead very, very active lifestyles."
<b>Dr. McClendon</b>	"Scoliosis is a condition that is very treatable."
<b>Dr. McClendon</b>	"Having a good relationship with the scoliosis doctor and scoliosis team overall helps with the long-term planning as it relates to making sure that curves don't progress. And if they do progress, that you have a provider who is focused on you as the individual so they can tailor a treatment accordingly."
	For the Mayo Clinic News Network, I'm Jason Howland.