

Automated external defibrillators: How to use an AED

Video	Audio
<p>Alice Gallo De Moraes, M.D. Pulmonary and Critical Care Medicine Mayo Clinic</p>	<p>“If you are in an open area or a public area and you see someone who collapses on the floor and you try to wake them up, they don't wake up, and you try to see if they have a pulse either on their neck or their wrist, and you don't feel a pulse, an AED will be very helpful.”</p>
	<p>“Once you turn the AED on, it will give you all the instructions step-by-step on how to use it properly.”</p>
<p>AED Nats</p>	<p>“Remove pad package.”</p>
	<p>“The pads that come in the AED packet will also have excellent graphs to show you where you need to place the pads on the patient's chest.”</p>
<p>AED Nats</p>	<p>“Attach pad to patient's bare chest.”</p>
	<p>“The only thing you need to do is to remember to ask for help, call 911 and get the AED.”</p>
	<p>“So then the machine will analyze after the pads are attached.”</p>
	<p>“And it will remind you not to touch the patient while it's analyzing.”</p>
<p>AED Nats</p>	<p>“Don't touch patient. Analyzing. Shock advised.”</p>
	<p>“If shock is advised, the AED will charge and this orange button will light up when it's time to give the shock. When it's time to give the shock, you make sure that no one is touching the patient and you press the</p>

	orange button.”
AED Nats	“Shock delivered.”
	“Shock was delivered ...”
AED Nats	“Start CPR.”
	“... and it will advise you to start CPR. And the machine will also tell you how fast you should be doing CPR if you follow the audio cues.”
AED Nats	“Start CPR. Push to match the tone.”
	“Once you start chest compressions, the AED will give you a countdown clock for two minutes and it will again remind you to stop compressions at two minutes, so it can analyze again to see if Dan is a shockable rhythm or not. And the cycle then will start again.”
	“I really want people not to be afraid to use it because applying an AED to someone who has collapsed and doesn't have a pulse can actually save their life and save their life in a way that they won't have long-lasting consequences from having collapsed on the floor.”
	“You cannot hurt someone by using the AED machine if you follow the audio cues.”