

## John Cadwallader has hope, time and new options after CAR-T treatment for multiple myeloma

Video	Audio
(covered)	"Every day is a gift."
	For 10 years, John Cadwallader, a Welsh-born farmer and craftsman, has been fighting multiple myeloma, a cancer that affects plasma cells that produce disease- and infection-fighting antibodies.
JOHN CADWALLADER Patient	"I've struggled and carried on fighting this disease as well as trying to survive."
	John went through chemotherapy and stem cell transplants in the U.K., but his cancer was relentless.
SIKANDER AILAWADHI, M.D. HEMATOLOGY/ONCOLOGY Mayo Clinic	"Multiple myeloma tends to recur. Unfortunately, in some cases, the disease is aggressive enough that within a couple of years, the patient seems to have exhausted all lines of treatment."
	In 2021, after another failed treatment, John was out of options at home and began looking for treatment internationally.  <a href="#">Dr. Sikander Ailawadhi</a> , a hematologist/oncologist at Mayo Clinic in Jacksonville, Florida, kept coming up in his research.  John took a chance and sent an email.
	"Whatever it takes. If I have to come across the ocean, whenever they want me, I will do it."
	After crossing the Atlantic and meeting with a team at Mayo, John learned he was a candidate for chimeric antigen receptor-T cell therapy, or CAR-T.  The personalized treatment collects a patient's T cells, which typically help fight off infections, and genetically engineered them to target cancer cells.  Florida became John's home for months as his cells were collected and prepared.  In March 2022, his modified cells were infused back into his body.  His cancer went into remission.
SIKANDER AILAWADHI, M.D.	"Being able to go back to his life in that state of remission, spending time with his sons, thinking of going back to work if

HEMATOLOGY/ONCOLOGY Mayo Clinic	he wanted to, thinking of living his life: I think that was the No. 1 thing that it did for him."
	<p>After months in remission, John's cancer returned.</p> <p>However, his story doesn't end there.</p> <p>While John had been undergoing CAR-T and, later, in remission, new clinical trials became available in the U.K.</p>
	<p>John started care locally and is monitored closely by his Mayo team from Florida and London.</p> <p>He hopes to inspire others to keep searching for treatments and put up the best fight against their disease.</p>
JOHN CADWALLADER Patient	"I'm just looking to be happy. And basically, try and help somebody else. Because that gives me power to be able to see somebody benefit the way that I have."
	For the Mayo Clinic News Network, I'm Alex Osiadacz.