

Mayo Clinic Minute: Treating breast cancer through surgery

| Video | Audio |
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| Sarah McLaughlin, M.D. Breast Surgical Oncology Mayo Clinic | Treatment for breast cancer may include personalized therapies or surgery. "There's only two surgical options: lumpectomy and mastectomy. But there's 100 reasons why women choose one thing or another. Some of that can be cancer-based, some of it can be family history and genetic space, some of it can be personal peace of mind." |
| | A lumpectomy removes the cancerous tissue and margin areas. A mastectomy removes the entire breast. Dr. McLaughlin explains that decades of research have shown similar long-term survival rates for both options. |
| | "If you don't need a mastectomy, you don't do better or live longer because you do a more radical operation." |
| | Surgical innovations are improving care and quality of life. Some patients no longer need lymph nodes under the armpit removed, and new techniques remove less skin while preserving the nipple and areola complex. |
| | "That means placing the incisions remote from the actual site of cancer and then rearranging the breast tissue within what remains." |
| | For the Mayo Clinic News Network, I'm DeeDee Stiepan. |