

Maddy's story

Normally, hearing about a senior with hip problems would not be very surprising. But the senior you're about to meet is a senior in high school. Thanks to Mayo Clinic, this young woman has a bright future that's all teed up.

VIDEO	AUDIO
Nats golf	
	There's nothing like the sound of a solidly struck drive.
Nats golf	
	"I grew up in a golf family."
	But it was a different sound that had Maddy Trapnell worried about her golfing future.
	"It would clunk, like, over and over again."
	That "clunking," as she puts it, was coming from Maddy's hip.
Nats golf	
	Like golf, hip problems run in her family. Maddy says her symptoms started when she was 14. Then in the fall of 2022, her junior year of high school ...
Maddy Trapnell Patient	"My coaches started taking me out of tournaments because, like, I refused to stop. But they took me out because it's like, 'You're in pain. You need to stop.'"
	After seeing a few local doctors, Maddy came to Mayo Clinic, where she met with orthopedic surgeon, Dr. Emmanouil Grigoriou.
Nats door knock	
Emmanouil Grigoriou, M.D. Orthopedic Surgery Mayo Clinic	"So Maddy's case is unique because she had pathology both inside her hip joint, as well as outside the hip joint around the hip with how her bones were formed."
	"Like, I was just worried, like, what's my senior year going to look like? Like, am I going to be able to play? Is this pain ever going to go away?"

	<p>"And here, we're able to do both procedures in the same setting, which is very, very important for the patients and allows them to return back to what they love, faster. We're able to do both the hip arthroscopy and the periacetabular osteotomy; the same setting on the same day with a single anesthesia event, a single recovery, a single rehabilitation — one and done."</p>
	<p>Less than six months after surgery and just weeks before her senior season was due to start, Maddy was cleared to start playing again.</p>
Nats golf	
	<p>"Once I got into the swing of things, I started being very consistent again and started having fun again. And yeah, I was excited. It was great."</p>
	<p>And a senior season that was once in jeopardy, ended with a top-10 finish at the state tournament.</p>
Nats surgery	
	<p>Recently, Maddy was back at Mayo to have three screws, the last reminder of her surgery, removed.</p>
Nats golf	
	<p>While uncertain about her competitive golfing future, she has her eye on college and something else that runs in the family.</p>
	<p>"What's next is I'm planning to attend the University of North Dakota for mechanical and aerospace engineering."</p>
	<p>"And I love airplanes. I love flying. I love looking at them. I think they're fascinating. And so, I just want to do something that I know I'm going to enjoy and I'm passionate about."</p>
	<p>Just like her golf game.</p>
Nats golf	
	<p>For the Mayo Clinic News Network, I'm Joel Streed.</p>