

**Mayo Clinic Minute: Who should be screened for skin cancer?**

VIDEO	AUDIO
Jason	A skin check by a dermatologist usually only takes a few minutes, but that short time spent in the doctor's office could add years to your life if skin cancer is detected early.
<b>02:49</b> <b>Collin Costello, M.D.</b> <b>Dermatology</b> <b>Mayo Clinic</b>	"I think one of the big things with screening is, because there aren't really rigorously set national guidelines, that we really look to risk factors to help guide who needs to be screened and how frequently."
Jason	Mayo Clinic's Dr. Collin Costello says it's important that everyone is familiar with their skin. And you should see a healthcare professional if you notice any changes, like suspicious moles or spots.
<b>Jason</b>	But for anyone who is at higher risk, an annual skin exam by a dermatologist is a good idea.
<b>03:03</b> <b>Dr. Costello</b>	"People with personal and family history of melanoma and then personal history of nonmelanoma skin cancers, people over the age of 65, particularly people that burn easily, you know, get sunburned easily as well as have light-colored eyes and light-colored hair — those are the people that are going to benefit the most from the skin cancer screening."
<b>Jason</b>	For the Mayo Clinic News Network, I'm Jason Howland.